

## **Missing Egg sandwich**

Prep time: 35 min.

Total time: 1 hr.

### **Ingredients:**

½ pound firm reduced fat tofu, mashed

1 green onion, finely chopped including green top

2 Tablespoons pickle relish

2 Tablespoons Vicki's tofu mayo (recipe below)

½ c. chopped onion

2 teaspoons stone ground mustard

2 teaspoons soy sauce

¼ teaspoon of each ground powder: cumin, turmeric, garlic

Combine all ingredients, adjust seasonings to taste. Serve on whole wheat bread with lettuce and sliced tomato.

### **Vicki's Tofu Mayo:** makes about a cup

1 8-oz packed reduced fat firm silken tofu (Mori-Nu is best)

½ tsp sugar

½ tsp salt

½ tsp lemon juice

2 tsp vinegar

Combine all ingredients with a food processor or blender. Blend until completely smooth. Takes several minutes. Chill.